

2013 DIPSEA RACE INFORMATION

WHAT YOU NEED TO KNOW!

Acceptance notifications will be mailed on April 26, 2013. Acceptance notifications will contain pickup times and locations for chest numbers and timing chips as well as other pertinent race information.

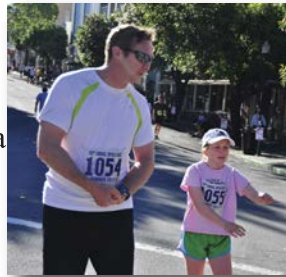
Applicants who were not successful in entering the 2013 race will be mailed a refund check less a **\$10.00 processing fee** on April 15, 2013. The fee is intended to cover some of the costs of paperwork, handling of application and postage and does not subsidize the race. We impose the fee by cashing your entry check and returning the refunds by separate check with your notice. REMEMBER: Cancellation of your check DOES NOT mean you have been accepted in the Race.

RACE FORMAT:

The Dipsea Race is unique in that it is a handicapped race. Head start minutes are given to runners based upon age and gender. The Dipsea Race is run in two sections, each with the same headstart groups. Section assignments are made after we receive all race application forms. The 2013 Handicap tables and start times will be posted March 15 on the Dipsea Race website,

www.dipsea.org

THERE WILL BE NO RACE DAY ENTRIES



CHEST NUMBERS:

Chest numbers will not be mailed to entrants! Entrants will be notified in writing of their acceptance in the Race. The label will indicate your section status, INVITATIONAL (INV) or RUNNER (DR), handicap letter, name and address. Numbers may be picked up by entrants Friday, June 7 at the Dipsea Cocktail Reception, Mill Valley Golf Clubhouse, Saturday, June 8 at the Holiday Inn Express, Mill Valley or Sunday, June 9, race morning. Entrants are required to bring the official notification with Race Label and photo ID to pick up chest numbers and timing chips. NO REFUNDS. *Chest numbers are not transferable! Violators may be banned from participation in future Dipsea Races.*

2013 SURVIVORS T-SHIRTS!

Survivors t-shirts are made of technical material.

There are both men's and women's styles. The shirts run true to size. When washed and dried in a hot drier, there will be some shrinkage. **Please select your size accordingly.**

RACE INFORMATION:

For the most current race information, telephone 415-331-3550, visit our website, www.dipsea.org or email us at info@dipsea.org Further questions or concerns may be directed in writing to:
The Dipsea Race, PO Box 30, Mill Valley, CA 94942

PACERS:

Pacers are absolutely forbidden in the Invitational Section. Pacers will be allowed in the Runner's Section, if: (1) the pacer is officially registered in the race, and (2) the pacer does not start before his or her assigned starting group. The pacer and runner must leave the starting line in Mill Valley in the later of the two assigned starting groups. Pacers should only be used to avoid a first-time child runner from getting lost or a sight-impaired runner.

2013 RACE

The Dipsea Race Committee is researching the possibility of utilizing online registration for Invitational runners for the 104th Dipsea on June 8, 2014. More details will be provided as information becomes available.

New Fees

Due to increasing permit, transportation, equipment and general race operations costs, the Dipsea Race this year, for the first time in four years, must raise its individual entry fee to \$75 for adults and \$50 for children 16 & under. In addition, due to rising bank fees and postal rates, the race processing fee for runners who apply, but whose entries are not accepted, will be increased to \$10.

Dipsea Race Sponsorship Opportunities

- Annual Race Awards and Trophies
- Runner's timing services
- Buses - transport from Stinson Beach to Mill Valley
- Portable Sanitation Facilities in Mill Valley
- Annual Dipsea Truck rental
- Annual Hall of Fame Dinner & Awards

Visit our website: www.dipsea.org
or Call Merv Regan: 415-990-1630

THE "OTHER" RACE

The Double Dipsea is sponsored by the DSE Runners, not by the Dipsea Race Committee, Inc. The Double Dipsea will be held Saturday, June 29, 2013.

For an entry form contact the Double Dipsea Race, www.doubledipsea.com or call Ken Reed 415-810-3832.

NOTE: *The Annual Dipsea Race is a USATF sanctioned event.*